

Young Healthwatch Volunteer

We welcome volunteers from all backgrounds, faiths and communities, as well as with any disabilities, regardless of sexual orientation or gender identity.

Role outline and person specification

Why we need you?

It is our role to make health services better for local people in Kensington and Chelsea and Westminster, and our reach can go beyond that to other parts of Northwest London. We do this by listening to young people's experiences through research and engagement and share recommendations with local decision makers so that they can act on what has been learned. We have the power to ensure that decision makers listen and take action, but we need your help!

Another part of our role is providing information and guidance on where young people can access support and services. We need your help with this as well, as you and your peers will be the ones accessing this guidance!

What will you be doing?

As a Young Healthwatch volunteer, some of the activities you could be involved with are:

- Working closely with our Group Coordinator and the team of volunteers
- Listening to - and collecting - local young people's experiences and views around health and wellbeing, and services
- Sharing this with decision makers in meetings to help to shape services
- Co-creating wellbeing resources and projects in response to what we hear from young people
- Co-writing reports
- Collaborating with schools
- Taking part in NHS focus groups

What skills do you need?

The following are qualities that we look for in our Young Healthwatch volunteers:

- a desire to help improve other people's lives
- enthusiasm
- reliable
- open minded
- tactful and diplomatic in potentially challenging situations.
- can demonstrate self-awareness

We also ask that our volunteers have:

- the ability to communicate with people from all walks of life
- able to work as part of a team
- keen observational skills
- able to travel within the community

What support we will give you?

- Full induction training and support
- Ongoing training in areas relevant to the role
- Regular and on-going supervision for the role
- Opportunities to get together with other Healthwatch volunteers and exchange ideas and information
- Ad hoc training opportunities
- A broadening of your knowledge of local health and social care services

How much time is involved?

- This is a flexible role and time commitment will be agreed with you. We will always work closely with you to ensure your volunteering role fits with your other commitments.
- Able to attend the induction training session/s
- We hope that volunteers will stay with us for at least a year after the initial training is provided.

You can apply for this role by filling in our online application form.

If you have any questions or you would like to find out more, please call Alex Weston on 07734 962 267, or email alex.weston@healthwatchcentralwestlondon.org

*Please note, if you are under 16, we will need parental consent for you to volunteer with us - this is outlined in the application form.

We look forward to hearing from you.