



COVID-19 in Central West London:
How the pandemic has impacted
Black, Asian and Minority Ethnic
people in Westminster

Easy Read
document

Introduction

We are a group called Healthwatch Central West London.



We work with others to make health care better for you.



We ask local people “how have you been affected by “Coronavirus (COVID-19)?”



This does not only mean, “have you had COVID-19?”



If people feel worried, sad, lonely or stressed, because of Coronavirus, then we listen to their experiences as well.



Introduction

For this document, we wanted to share the experiences of people who are **Black, Asian or Minority Ethnic (BAME)**.



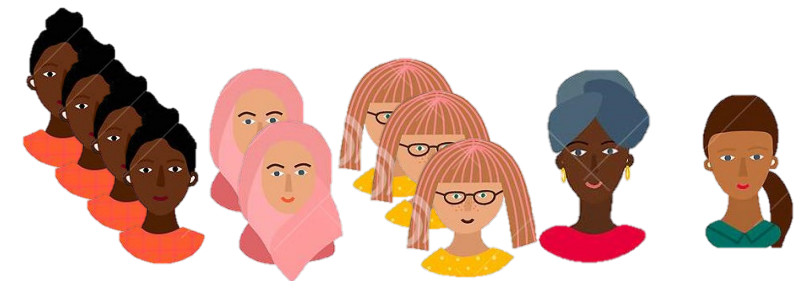
These experiences were shared with us in our COVID-19 survey.



14 people who completed our survey said that they are **Black, Asian or Minority Ethnic (BAME)**.



Four people who shared their experiences were Asian British, Three people were Arab, three people were mixed race and one person was Black British. One person wrote “Other.”



What we asked

We asked people some questions about how COVID-19 had made them feel.



1. We asked how their **access to health and social care services** had been affected.

For example, could they see a doctor?
Or were appointments cancelled?



2. We asked how their **mental wellbeing** had been affected.



What we asked

3. We asked how their **relationships** had been affected.



4. We asked how their **finances** had been affected.



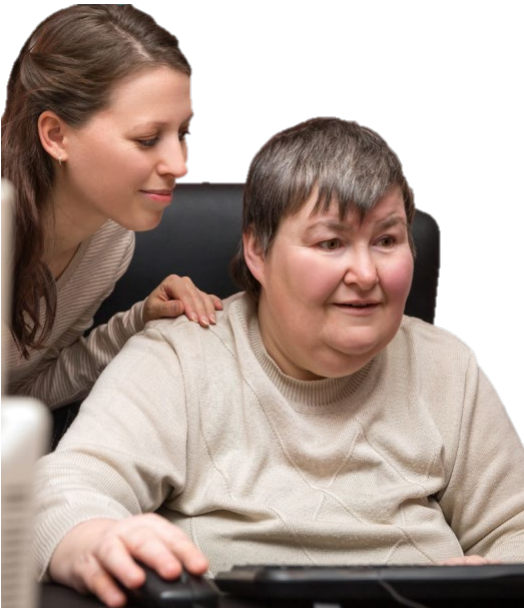
5. We asked if **information** about COVID-19 had been **easy to find** and **easy to understand**.



What people told us

We asked how people's access to health and social care services had been affected by COVID-19.

11 out of the 14 BAME people had **not registered for support** with the council, even though they were vulnerable.



Three out of the 14 BAME people used food banks. **More BAME people use food banks than White people.**

