

Are you receiving or have you received support from a West London NHS Trust’s Mental Health Services in Ealing, Hounslow or Hammersmith & Fulham?

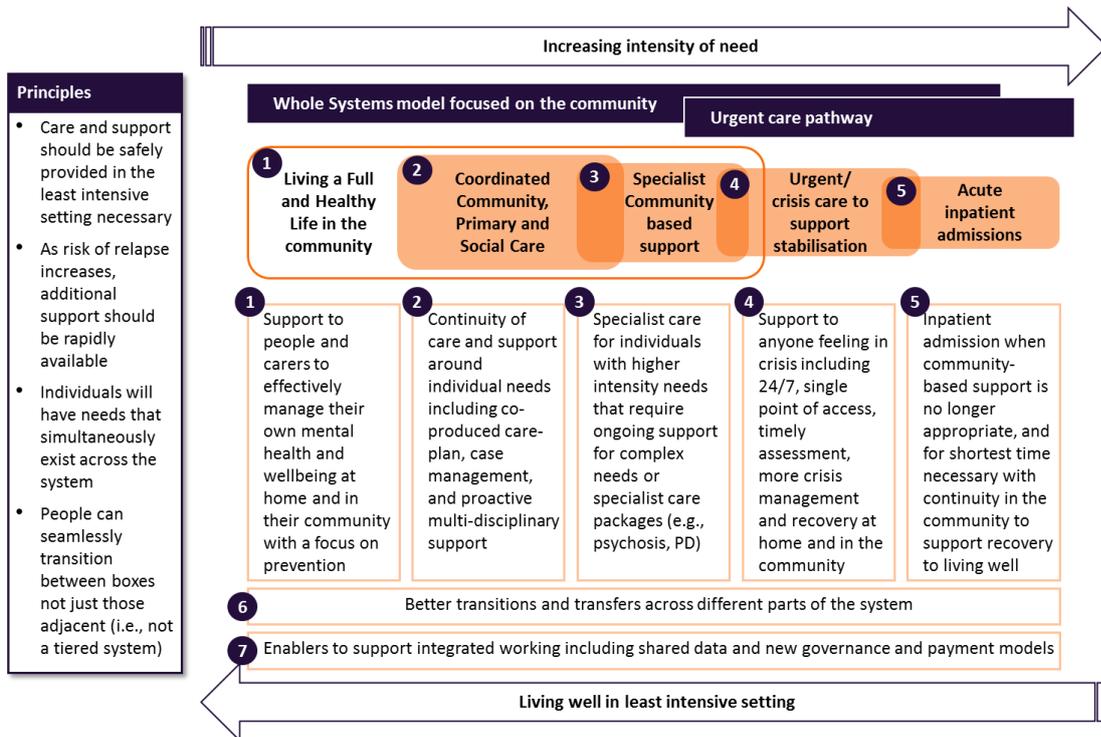
Are you interested in improving the mental health services for adults with serious mental illness?

We are looking for Experts-by-experience Advisors and Expert-by-experience Carer Advisors to join our Transformation Programme!

What is the Transformation Programme about?

In 2015, North West London (NWL) Health and Care Partnership (HCP) through its Like Minded Strategy articulated a case for change and ambition for transformation of services for adults with SLTMHNs based on the issues facing mental health services in all of its boroughs. The three ambitions for this population which guide what the future model must deliver to improve outcomes for this population were noted as follows:

- Clarify, simplify pathways and standardise across NWL
- Develop more community based care and support
- Rebalance resources from inpatient facilities to community-based support



The clinical model of care (as shown above) was developed to show how these ambitions would be met; through providing more care in community based settings closer to patient's homes thus reducing the need for adult inpatient psychiatric beds over time. This clinical model was endorsed by the 8 NWL CCGs and the two Mental Health Trusts (West London NHS Trust (WLT) and Central & North West London NHS Foundation Trust (CNWL)) in 2017.

West London NHS Trust has set up a Transformation Programme with its commissioning partners (Ealing, Hounslow and Hammersmith & Fulham) to work towards delivering the ambitions outlined in the model of care described above and implement necessary changes to deliver a robust, clinically appropriate and sustainable mental health system. The Programme is fully aligned to Mental Health Five Year Forward View and now to the NHS Long Term Plan. It brings together Trust clinicians and operational leads, CCG clinicians and CCG/ LA commissioning leads, service users, carers, voluntary sector representatives from the 3 boroughs. Coproduction with service users and carers is a fundamental principle that the Programme is keen to continue.

The services within the scope of this Programme include:

- Acute Mental Health Services (Inpatient psychiatric beds and crisis mental health services incl. liaison mental health services and s136 services)
- Community and Recovery Mental Health Services (Community mental health teams, Primary Care mental health teams, Early Intervention in Psychosis Service and Specialist MH Rehabilitation Service)
- Cognitive Impairment and Dementia Services

Key priorities for our Transformation Programme are as follows:

- To provide a streamlined adult inpatient service that best meets the needs of local population and enhances patient experience
- To optimise access to urgent care through single point of access ; Provide timely, 24/7 and responsive assessment and care to patients in mental health crisis
- To increase number of patients who have timely discharge from acute (in-patient)care into community/ primary based care
- To undertake an active role in the redesign of the primary, secondary and social care pathways to improve productivity and efficiency
- To redesign rehabilitation service with increasing community focus

Delivery of these priorities will ensure that:

- Service users most in need of care are able to receive it
- Service users can receive the right care at the right time
- Service users receive evidenced based interventions to help promote their recovery

Who is involved in each project within the Transformation Programme?

Each project is clinically led by a Clinical Director. The Steering Groups have wider representation

with following roles:

- Clinical Director/s
- Consultant Psychiatrist/s
- Expert-by-experience Advisor/s
- Expert-by-experience Carer Advisor/s
- Deputy Director for Local MH Services
- Service lead/s
- Transformation Lead/s
- MH Commissioning and GP leads from each borough

Why we are recruiting Experts-by-Experience and Expert-by-experience Carer Advisors?

West London NHS Trust believes that transformation projects are much more likely to be successful if people who have experience of using services and people who have experience of caring for those who have used services are as involved as much as possible. Involving expert by experience and carers means we can:

- Make sure the project is relevant to the everyday experience of service users and carers
- Check we are not missing important concerns and new ideas;
- Increase the chances of our interventions and research findings being effective in practice;
- Provide opportunities for shared learning and personal development

What would be expected of me?

We're looking for people who have used services listed above or care for someone who has, to work closely with us in driving transformation work and join our Transformation Steering Groups and /or Transformation Board.

The project teams meet every 4-6 weeks depending on need. The team would meet in Trust Headquarters in Southall. You would be expected to attend Project Steering Group meetings (every 4 weeks) as well as Transformation Board (every 6 weeks) and contribute to discussions. It is likely that your input will be required until March 2021 and we would hope that you can start attending project meetings from August/ September 2019.

Who can be involved?

Expert-by-experience Advisors - We are looking for individuals who have received (within the last 2 years or so) or are currently receiving treatment from any of the West London NHS Trust's Mental Health teams (services in scope are defined above) in Ealing, Hounslow or Hammersmith & Fulham.

Expert-by-experience Carer Advisors – We are looking for individuals who have cared for, or are currently caring for, an individual who has received treatment in the last 2 years or so any of the West London NHS Trust's Mental Health teams (services in scope are defined

above) in Ealing, Hounslow or Hammersmith & Fulham.

Our projects will appeal to those who:

- are interested in improving the care for people who have mental health problems; and/or
- have an interest or concern arising from direct and indirect experience of using our mental health services.

What will I get out of being involved?

We believe everyone has an individual set of skills and experience that they bring to this work; we also believe that there can be benefits for everyone who gets involved these include:

- Re-discovering and learning new skills and knowledge;
- Personal development;
- Increased confidence;
- Improved employability
- New relationships.

West London NHS Trust will also offer a payment of £10.00 per hour and reimburse reasonable travel expenses.

How do I get involved?

There are limited spaces within each project. However it may be that we have many people wanting to get involved. To help us select those that are best for the role we are asking interested individuals to **send us a very short statement** stating:

- Why you are interested in the project;
- What experiences, skills or interests you have that you think would contribute to the success of the project;
- What additional support, if any, you may need to participate.

The statement does not have to be a perfect piece of writing or be very formal, like a job application - we are interested in what you are able to bring to the work.

Please send your expression of interest by 08th August 2019

Via email to – neetika.mahan@nhs.net

Dependant on the numbers interested we may then ask to meet you in person to discuss your application.